

# Mental Health Support Young People 12 yrs to 25 yrs

**Counselling  
Referrals  
Advocacy  
Early Intervention  
Support Programs**

**Office: 41 532227  
FAX: 41 533443  
Mon – Fri 9am – 5pm  
Youth Support Worker  
Direct Line:  
41517773**

**Family  
&  
Carer Support  
Available**



## **Youth Mental Health Support, Programs & Intervention for Young People 12 – 25 years**

### **AIM**

The Youth Mental Health Support Service is a responsive model assisting Young People aged 12-25 years living in the Bundaberg Region who currently have, or are at risk of developing a mental health disorder.

### **WHO CAN BE A CLIENT?**

Young people aged 12 – 25 yrs are eligible if they are experiencing a mental illness or at risk of experiencing a mental health disorder including related substance misuse. The Families & Carers of the young person can also access the service for advocacy and support.

### **HOW CAN SOMEONE ACCESS THE SERVICE?**

A client can self refer or have someone refer him or her to our service. A non-clinical, early intervention and a responsive service model exists and is in place for young people at no cost. Upon referral, potential clients are interviewed by one of the Youth Support Workers and the issues currently being experienced are discussed. If the referral is an appropriate one a risk assessment is conducted and an Individual Support Plan is developed with the young person. A case management approach is taken and an Alliance group established to support the young person in recovery inclusive of clinical pathways to CYMHS, ATODS and relevant Allied Health Professionals.

### **REFERRALS**

Clients can self refer or have someone else refer him or her to Youth Services Bundaberg. Referrals can be both formal and informal. Confidential contact is made or received by Telephone, Fax or Email. Appointments are necessary for all Face-to-Face support.

### **CASE MANAGEMENT**

- 1. Usually client's access the service for the period of time for their recovery or until full referral is undertaken by another agency.**
- 2. Once an initial risk assessment is completed by the Youth Worker. It may be agreed at any stage throughout the support period that a more suitable service would assist the young person or their family member and we would refer on and endeavour to support them in this process as their advocates.**
- 3. Follow up and ongoing support is available to the young person, their family and their service provider should the client choose to have Youth Services Bundaberg remain part of their alliance and support team.**

### **CONTACT**

**Youth Centre:** Youth Services Bundaberg office and Youth Centre are located at Shops 2-3 / 46 Maryborough Street Bundaberg (Opp Bundy High)  
**Postal Address:** P O Box 1743 Bundaberg. Q. 4670  
**Emails:** [crisissupport@youthservices.com.au](mailto:crisissupport@youthservices.com.au) & [administration@youthservices.com.au](mailto:administration@youthservices.com.au)

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